



International LineDanceSport Federation

# **Bronze Training Program Amalgamations**

Developed by  
Peter Blaskowski & Beth Webb

First Edition  
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"Texas" choreographed by Max Perry.  
All other amalgamations choreographed by Peter Blaskowski & Beth Webb.

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## Introduction

This book contains full step descriptions of 55 line dances, choreographed for use by coaches of the LineDanceSport Bronze Syllabus, levels 1 and 2. The entire Bronze syllabus is included among these amalgamations, which are sorted by rhythm and level.

Each line dance has been choreographed to fit in minimal floor space, and be teachable in a single 90-minute class (or a pair of 50-minute classes). By mixing the line dances in various combinations, a coach can create many different series of dance classes and training programs that focus on a single rhythm or group of rhythms.

### Reading the tables

The step sheets are shown as tables describing the dance at the very simplest level. The tables do not describe details of the actual syllabus patterns. Those details, including footwork, are found in the official syllabus manual, **ILDSF Bronze & Silver Patterns**. A LineDanceSport coach teaching these amalgamations to a dance athlete is expected to be familiar with the details of each pattern found in that book and accompanying videos.

Here is a description of each of the columns in the amalgamation tables in this book:

- **Pattern**  
The **Pattern** column lists the official name of the pattern from the syllabus, plus any variations to those patterns
- **Begin**  
The **Begin** column indicates which direction the dance athlete should be facing to begin dancing the pattern, in addition to which foot should be free.

The direction shown uses the clock-face model.

- 12:00 represents the starting wall of every amalgamation.
- A quarter turn to the right from 12:00 is called 3:00.
- A quarter turn to the left from 12:00 is called 9:00.
- A half turn from 12:00 is called 6:00.
- When an amalgamation ends, and then begins again at count 1, the clock face is reset, so that the new starting direction is called 12:00.

- **Description**  
The **Description** column shows the timing and direction of each turn and each weight change in the amalgamation. Note that this does not include footwork and styling information. A LineDanceSport coach who is teaching these amalgamations should be familiar with those details from their study of the dance, and the LineDanceSport syllabus.
- **Beats**  
The **Beats** column indicates the number of beats of music for the pattern.

## **Teaching The Lessons**

Each of the amalgamations in this book can be taught in 90 minutes. This can be done as a single 90-minute class, or as a pair of 50-minute classes. (When done over two separate sessions, the extra time is for review of what was previously taught.)

Before teaching the amalgamation, the coach will introduce the athlete to each of the patterns in the amalgamation, calling them by name. Each amalgamation is to be taught as described in the official syllabus book (**ILDSF Bronze & Silver Patterns**) and demonstrated in the official syllabus videos.

Once the athlete has mastered each of the patterns in the amalgamation, the patterns can then be combined into the line dances in this book.

Coaches are encouraged to group the amalgamations into combinations that make the most sense for their venue and class. For example, the first series of classes could be all of the Level 1 smooth dances (Foxtrot, Waltz, and Tango), with a follow-up series of Level 2 smooth dances. Alternatively, the multi-week class could be just the Foxtrot amalgamations, followed up with a multi-week class of Waltz amalgamations.

Eventually, an athlete learning all of the amalgamations in this book will have had nearly 85 hours of dance instruction, and will be familiar with the entire LineDanceSport Bronze Syllabus, levels 1 & 2.

Additional training in the styling and technique for each of the patterns can be included by the coach on an as-needed basis.

(The LineDanceSport Bronze and Silver Syllabus book and accompanying videos are available at [LineDanceSport.com](http://LineDanceSport.com).)

Bronze Level 1 - International Rumba, Samba, Rumba, Merengue

**Bronze Level 1 - International Rumba, Samba, Rumba, Merengue**

**LESSON 1: Kippimeister Rumba**

**Description:** Rumba, 64 counts, 2 walls

**Patterns:** #1 Basic  
 #2A Turning Basic  
 #3A 2nd Position Breaks  
 #4B Progressive Rocks Back And Forward

Pattern	Begin	Description	Beats																																
#2A - Turning Basic	12:00 LF Free	<table border="1"> <tr><td>S</td><td>Forward (TTO)</td></tr> <tr><td>/</td><td>Turn 1/4 left</td></tr> <tr><td>Q</td><td>Side</td></tr> <tr><td>Q</td><td>Together</td></tr> <tr><td>S</td><td>Back (TTI)</td></tr> <tr><td>/</td><td>Turn 1/4 left</td></tr> <tr><td>Q</td><td>Side</td></tr> <tr><td>Q</td><td>Together</td></tr> <tr><td>S</td><td>Forward (TTO)</td></tr> <tr><td>/</td><td>Turn 1/4 left</td></tr> <tr><td>Q</td><td>Side</td></tr> <tr><td>Q</td><td>Together</td></tr> <tr><td>S</td><td>Back (TTI)</td></tr> <tr><td>/</td><td>Turn 1/4 left</td></tr> <tr><td>Q</td><td>Side</td></tr> <tr><td>Q</td><td>Together</td></tr> </table>	S	Forward (TTO)	/	Turn 1/4 left	Q	Side	Q	Together	S	Back (TTI)	/	Turn 1/4 left	Q	Side	Q	Together	S	Forward (TTO)	/	Turn 1/4 left	Q	Side	Q	Together	S	Back (TTI)	/	Turn 1/4 left	Q	Side	Q	Together	16
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Q	In place																																		
S	Together																																		
Q	Side																																		
Q	In place																																		
S	Together																																		
#2A - Turning Basic <i>Variation: First half only</i>	12:00 LF Free	<table border="1"> <tr><td>S</td><td>Forward (TTO)</td></tr> <tr><td>/</td><td>Turn 1/4 left</td></tr> <tr><td>Q</td><td>Side</td></tr> <tr><td>Q</td><td>Together</td></tr> <tr><td>S</td><td>Back (TTI)</td></tr> <tr><td>/</td><td>Turn 1/4 left</td></tr> <tr><td>Q</td><td>Side</td></tr> <tr><td>Q</td><td>Together</td></tr> </table>	S	Forward (TTO)	/	Turn 1/4 left	Q	Side	Q	Together	S	Back (TTI)	/	Turn 1/4 left	Q	Side	Q	Together	8																
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(Continued)

## Bronze Level 1 - International Rumba, Samba, Rumba, Merengue

#4B - Progressive Rocks Back And Forward	6:00 LF Free	<table style="width: 100%; border-collapse: collapse;"> <tbody> <tr><td style="width: 10%; text-align: center;"><b>S</b></td><td>Forward</td></tr> <tr><td style="text-align: center;"><b>Q</b></td><td>Forward</td></tr> <tr><td style="text-align: center;"><b>Q</b></td><td>In place</td></tr> <tr><td style="text-align: center;"><b>S</b></td><td>In place</td></tr> <tr><td style="text-align: center;"><b>Q</b></td><td>Forward</td></tr> <tr><td style="text-align: center;"><b>Q</b></td><td>In place</td></tr> <tr><td style="text-align: center;"><b>S</b></td><td>In place</td></tr> <tr><td style="text-align: center;"><b>Q</b></td><td>Side</td></tr> <tr><td style="text-align: center;"><b>Q</b></td><td>Together</td></tr> <tr><td style="text-align: center;"><b>S</b></td><td>Back</td></tr> <tr><td style="text-align: center;"><b>Q</b></td><td>Back</td></tr> <tr><td style="text-align: center;"><b>Q</b></td><td>In place</td></tr> <tr><td style="text-align: center;"><b>S</b></td><td>In place</td></tr> <tr><td style="text-align: center;"><b>Q</b></td><td>Back</td></tr> <tr><td style="text-align: center;"><b>Q</b></td><td>In place</td></tr> <tr><td style="text-align: center;"><b>S</b></td><td>In place</td></tr> <tr><td style="text-align: center;"><b>Q</b></td><td>Side</td></tr> <tr><td style="text-align: center;"><b>Q</b></td><td>Together</td></tr> </tbody> </table>	<b>S</b>	Forward	<b>Q</b>	Forward	<b>Q</b>	In place	<b>S</b>	In place	<b>Q</b>	Forward	<b>Q</b>	In place	<b>S</b>	In place	<b>Q</b>	Side	<b>Q</b>	Together	<b>S</b>	Back	<b>Q</b>	Back	<b>Q</b>	In place	<b>S</b>	In place	<b>Q</b>	Back	<b>Q</b>	In place	<b>S</b>	In place	<b>Q</b>	Side	<b>Q</b>	Together	24
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