



# Bronze Training Program Amalgamations

International LineDanceSport Federation

**DEVELOPED BY**

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**SECOND EDITION**

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"Texas" choreographed by Max Perry.

All other amalgamations choreographed by Peter & Beth Blaskowski

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# Introduction

This book contains full step descriptions of 55 line dances, choreographed for use by coaches of the LineDanceSport Bronze Syllabus, levels 1 and 2. The entire Bronze syllabus is included within these amalgamations, which are sorted by rhythm and level.

Each line dance has been choreographed to fit in minimal floor space, and be teachable in a single 90-minute class (or a pair of 50-minute classes). By rearranging lessons, a coach can create many different series of dance classes and training programs that focus on a single rhythm or group of rhythms.

## Reading the choreography

The step sheets are shown in standard line dance format. The footwork details of the syllabus patterns are not included, and can be found in the official syllabus manual, **ILDSF Bronze & Silver Patterns**. A LineDanceSport coach teaching these amalgamations to a dance athlete is expected to be familiar with the details (Phase, Bar, Timing, Footwork, and Description) of each pattern found in that book and its accompanying videos.

## Teaching the lessons

Each of the amalgamations in this book can be taught in 90 minutes. This can be done as a single 90-minute session, or as a pair of 50-minute classes. (When done over two separate sessions, the extra time is for review of what was previously taught.)

Before teaching the amalgamation, the coach will introduce the athlete to each of the patterns in the amalgamation (listed in the header of the step sheet), calling them by name. Each pattern is to be taught as described in the official syllabus book (**ILDSF Bronze & Silver Patterns**) and demonstrated in the official syllabus videos. (Patterns marked with \* in the header are not included in the amalgamation, but can easily be taught in the same lesson as they are structurally similar to another pattern in that lesson.)

Once the athlete has mastered each of the patterns in the amalgamation, the patterns can then be combined into the amalgamations (line dances) in this book.

Coaches are encouraged to group the amalgamations into combinations that make the most sense for their venue and class. For example, the first series of classes could be all of the Level 1 smooth dances. Alternatively, the multi-week class could be just the Foxtrot amalgamations (levels 1 & 2), followed by a multi-week class of Waltz amalgamations.

Eventually, an athlete learning all of the amalgamations in this book will have had nearly 85 hours of dance instruction, and will be familiar with the entire LineDanceSport Bronze Syllabus, levels 1 & 2.

Additional training in the styling and technique for each of the patterns can be included by the coach on an as-needed basis.

The LineDanceSport Bronze and Silver Syllabus book and accompanying videos are available at [LineDanceSport.com](http://LineDanceSport.com).

## Bronze Level 1 - International Rumba, Samba, Rumba, Merengue

# Kippimeister Rumba

**DESCRIPTION:** 64 count, 2 wall, Rumba

**USES:** Basic (1), Turning Basic (2A), 2nd Position Breaks (3A), Progressive Rocks Back And Forward (4B)

### **TURNING BASIC (2A)**

S-Q-Q Step left forward (toe turned out), turn 1/4 left and step right side, step left together (9:00)

S-Q-Q Step right back (toe turned in), turn 1/4 left and step left side, step right together (6:00)

S-Q-Q Step left forward (toe turned out), turn 1/4 left and step right side, step left together (3:00)

S-Q-Q Step right back (toe turned in), turn 1/4 left and step left side, step right together (12:00)

### **2nd POSITION BREAKS (3A)**

Q-Q-S Step left side, step right in place, step left together

Q-Q-S Step right side, step left in place, step right together

### **TURNING BASIC (2A) (First half only)**

S-Q-Q Step left forward (toe turned out), turn 1/4 left and step right side, step left together (9:00)

S-Q-Q Step right back (toe turned in), turn 1/4 left and step left side, step right together (6:00)

### **PROGRESSIVE ROCKS BACK AND FORWARD (4B)**

S-Q-Q Step left forward, step right forward, step left in place

S-Q-Q Step right in place, step left forward, step right in place

S-Q-Q Step left in place, step right side, step left together

S-Q-Q Step right back, step left back, step right in place

S-Q-Q Step left in place, step right back, step left in place

S-Q-Q Step right in place, step left side, step right together

### **BASIC (1)**

S-Q-Q Step left forward, step right side, step left together

S-Q-Q Step right back, step left side, step right together