

# LineDanceSport Bronze Training Program Amalgamations



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**Description:** East Coast Swing, 48 counts, 4 walls

Beats	Begin	Pattern
8	12:00, LF Free	#1A - Side Basic, Triple Timing <b>Variation:</b> <i>Mirror image. Dance counts 3-8, then 1&amp;2</i>
8	12:00, LF Free	#2B - Left Turn
8	12:00, LF Free	#5A - Triple Forward Kick To Back Lock <b>Variation:</b> <i>Mirror image</i>
8	12:00, LF Free	#1D - Crossing Chasses
16	12:00, LF Free	#3E - Kicks To Weave And Sailor <b>Variation:</b> <i>Mirror image, and add 1/4 turn in Sailor Step</i>

Notes: