

LineDanceSport Bronze Training Program Amalgamations



Free Pass

Description: West Coast Swing, 48 counts, 4 walls

Beats	Begin	Pattern
6	12:00, RF Free	#1C - Sugar Push Basic With Anchor Step
6	12:00, RF Free	#2A - Left Turning Pass
6	6:00, RF Free	#2B - Right Turning Pass Variation: <i>Replace phases 7-10 with step side, touch together (eliminate 1/4 turn)</i>
8	9:00, RF Free	#3 - Boomerang
6	9:00, RF Free	#4A - Basic Check And Turn
6	9:00, RF Free	#5A - English Cross Basic With Touch
2	3:00, RF Free	Two walks forward
8	3:00, RF Free	#4C - Check And Turn, Touch Turn

Notes: